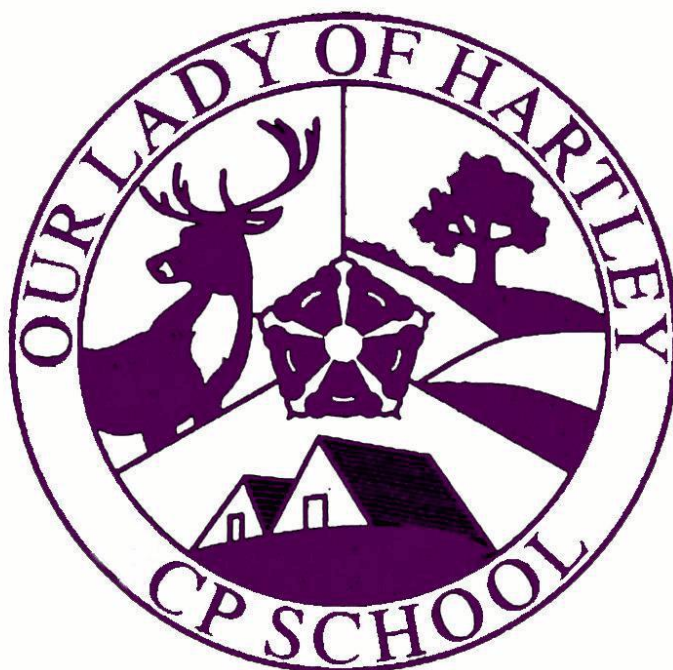




Our Lady of Hartley Catholic Primary School PE Policy

Date policy reviewed – October 2026

Date of last review:	October 2026	Date of next review:	October 2027
Author:	Anita Pearce	Policy Type	PE Swimming

KCSP Statement of Curriculum Intent

*I have come so that they have life and have it to the full.
John 10:10*

Inspired by Jesus Christ's example and the Gospel Values of love, joy and compassion, we nurture and develop the whole child so that each unique individual grows constantly in confidence, and has the knowledge, skills and self-esteem to achieve their true potential. All children will access a rich, ambitious, challenging curriculum; one that is broad balanced and relevant, fostering curiosity, creativity and a life-long love of learning. It will prepare them well for each stage of education, employment or training and enable them, as educated citizens, to contribute to creating a better world.

Our Lady of Hartley. Statement of Curriculum Intent September 2019.

Philippians 4:9 'Whatever you have learnt, or received, or heard from me, or seen from me – put into practice.

Informed by the teachings of the Gospel, Our Lady of Hartley offers a rich, varied and inspiring curriculum that allows all children to reach their full potential. Community links are built into the curriculum to provide opportunities for broader educational skills that enhance children's understanding of real life experiences. Our engaging and purposeful curriculum means all learners are nurtured in God's love.

1.0 Introduction

At Our Lady of Hartley, we provide opportunities for all children in Year 3 and 4 to participate in swimming lessons. Since 1994, swimming and water safety has been a statutory requirement within the Physical Education Programme of Study. At our school, we follow the National Curriculum so that all our children can leave Year 6 with the skills to enjoy swimming with their friends and family, whilst being able to keep themselves safe.

2.0 Purpose

At our school, we provide swimming lessons because it is fun, it builds up confidence and self-esteem and it is a fantastic way to promote healthy living. As well as this, learning to swim safely enables children to participate in a range of other activities such as kayaking, canoeing, scuba diving and surfing. We are committed to giving our children life skills that will provide them with further opportunities to participate in new experiences. These are all things that we promote at Our Lady of Hartley when delivering Physical Education.

3.0 Aims

In line with the National Curriculum, we expect all children to attend six swimming lessons in Year 3 and Year 4. Over the two years, the children will be taught how to:

- Swim confidently, competently and proficiently over a distance of **at least** 25m.
- Use **a range** of strokes effectively. For example, breaststroke, front crawl and backstroke.
- Perform safe self-rescue in **different** water-based situations.

4.0 Equal Opportunities

We provide swimming lessons for all children regardless of gender, disability, ethnicity and socio- economic background. Any child with a physical disability will receive extra provision, in some cases, one-to-one lessons. Any child that has current support from an additional adult will continue to have this support in lessons. Parents/carers can pay a voluntary donation to cover the cost of lessons.

5.0 Assessment and Differentiation

All children will be assessed at the beginning of the swimming course. This will determine the group that they are put in and the lessons they receive.

5.0 Withdrawing Your Child

At Our Lady of Hartley, we follow the National Curriculum requirements therefore it is not permitted to withdraw your child from swimming lessons.

If a child cannot participate in lessons due to medical reasons, parents/carers must provide the school with evidence from a GP to confirm that they cannot attend.

6.0 Review

- This policy will be reviewed annually by the PE subject leader and leadership team and shared with the school community.